

To the
- National Ski Associations

For information to:
- World Anti-Doping Agency
- Relevant National Anti-Doping Agencies

INTERNATIONAL SKI FEDERATION

Blochstrasse 2
3653 Oberhofen/Thunersee
Switzerland
Tel +41 33 244 61 61
Fax +41 33 244 61 71

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FIS Anti-Doping Rules 2019 (Edition August)

Dear Ski and Snowboard friends,

We would like to inform you that the FIS Anti-Doping Rules 2019 have been updated and published on the FIS website. They take effect immediately.

The updates reflect the following modifications:

- the decision of the FIS Congress 2018 to refer cases to an Independent Doping Panel to comply with the principle of the separation of powers, the Court of Arbitration for Sport Anti-Doping Division (CAS ADD). The CAS ADD will act as an independent first instance for international cases. (read more here:

<https://www.fis-ski.com/en/international-ski-federation/news-multimedia/news/fis-signs-agreement-with-court-of-arbitration-anti-doping-division>);

- the CAS decision of 15th March, whereby the prohibition of the use of oxygen in-competition for all disciplines is now incorporated in the International Competition Rules (ICR), article 222.7;

- the decision of the FIS Council November 2018 to reduce quota spots due to repeated anti-doping rule violations. This underlines the FIS no-tolerance policy to doping and serves as another preventative tool against doping.

The updated FIS Anti-Doping Rules can be accessed here:

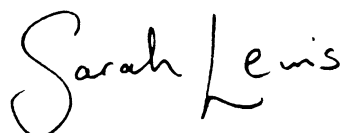
https://assets.fis-ski.com/image/upload/v1565275671/fis-prod/assets/FIS_Anti-Doping_Rules_August_2019.pdf

The commitment of FIS and member National Ski Associations to doping free sport is fundamental to the integrity of our disciplines and organisations.

Please do not hesitate to contact FIS Anti-Doping (email: antidoping@fisski.com) should you have further questions or require assistance.

With kind regards

INTERNATIONAL SKI FEDERATION



Sarah Lewis
Secretary General



Sarah Füsseck
FIS Anti-Doping Manager